



NEHEMIAH

3

CHANGE

*Each session will begin with an opportunity to help you connect with and get to know one another.*

What is one important skill you believe every person should have? If every person on earth had to take one class to learn a simple skill, what skill should that class teach?

*Play the "Session Three: Change" video lesson.*

What stood out to you from the video?

"HERE'S THE PRINCIPLE: CHARACTER LEAKS. THE WORK IS LEARNING TO PAY ATTENTION AND MOVE TOWARDS HONEST SELF-AWARENESS."

— DUSTY FRIZZELL

*In the following section, you will explore Bible passages and take part in discussion to apply insights from this session. If time is a concern, please choose just a few questions to discuss in your group.*

**Read Nehemiah 2:11-20**

1. Share an example of something you discovered about your personality that you didn't know until later in life. How did you feel when you realized something about yourself that many of your friends and family already knew?

2. In order to understand the work ahead of him, Nehemiah went and examined the ruins of the wall himself. Why do we need to learn as much as we can about problems before attempting to solve them? How can we unintentionally make problems worse by jumping in too early to fix them? What are some examples of this?

3. How do you personally seek to become self-aware? What tools or practices have you found useful? How has self-awareness helped you resist temptations and personal struggles? How has it allowed you to help others?

***Read Acts 6:1-7 & Nehemiah 3:1-5***

4. In the verses from the book of Acts, the church was presented with a complaint. How did the apostles respond? How did they take responsibility and seek to solve the issue?

5. Why should we seek the help of others once we are aware of the problems facing us? Why is it crucial for us to accept our personal limitations and ask for help when we need it? How can we actually harm the church and ourselves by attempting to solve every issue on our own?

6. Describe a time when you needed to use teamwork to solve a problem. What was your responsibility as part of that team? What gifts and abilities did your teammates bring to the table? What would you say is your responsibility within the church? What gifts and abilities has God given you to serve His people?

## DEEPER STUDY QUESTIONS

*Read Romans 12:3-8*

7. What does it mean to think about yourself with “sober judgment?” How is this accomplished? What would be the opposite of sober judgment? How does the world attempt to pull us away from this type of thinking?

8. Why do we need to have humility in order to serve effectively in the church? What happens if we think too highly of ourselves? How does arrogance get in the way of the church’s mission?

## **PRAYER AND PRAISE**

*This is a place where you can write each other's prayer requests and make notes when God answers prayer. Pray for each other's requests out loud together as a group. If you're new to group prayer, you may pray silently.*

### **Prayer Requests**

### **Praise Reports**